Catholic Health: Anthem DSPOS

Coverage for: Individual + Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, https://eoc.Anthemblue.com/eocdps/aso. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (800) 496-6132 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0/individual or \$0/family for Catholic Health Provider and Physician Partners Providers. \$1,500/individual or \$3,000/family for Anthem Tier In-Network Providers. \$4,000/individual or \$8,000/family for Out-of-Network Providers.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Primary Care visit, <u>Specialist</u> visit, <u>Preventive care</u> , and Vision exam for Catholic Health and In- <u>Network</u> <u>Providers</u> .	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. \$50/individual or \$100/family for Prescription Drugs.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the <u>out-of-pocket limit</u> for this <u>plan?</u>	\$7,200/individual or \$14,400/family for Catholic Health Provider and Physician Partners Providers and Anthem Tier In-Network Providers. \$12,000/individual or \$30,000/family for Out-of-Network Providers. Rx: \$2,000/individual or \$4,000/family for In-Network Providers for Prescription	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.

What is not included	Drugs.	Even the each year new these even ages, they don't pount toward the east of needs timit
in the <u>out-of-pocket</u> limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes, POS. See www.Anthemblue.com or call (800) 496-6132 for a list of network providers.	You pay the least if you use a Catholic Health <u>provider</u> . You pay more if you use a <u>provider</u> in the Anthem Network. You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Catholic Health Provider (You will pay the least)	Anthem Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge	\$50/visit deductible does not apply	50% coinsurance	none
If you visit a health care	Specialist visit	No charge	\$75/visit deductible does not apply	50% coinsurance	none
provider's office or clinic	Preventive care/screening/immunization	No charge	No charge	50% coinsurance	Well child care covered up to age 19. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	35% <u>coinsurance</u>	50% <u>coinsurance</u>	Covered 100% at in- <u>network</u> lab provider setting.
ii you nave a test	Imaging (CT/PET scans, MRIs)	No charge	35% coinsurance	50% <u>coinsurance</u>	Covered 100% after \$70 Copay at in-network provider office setting.
If you need	Generic	\$10 copay	\$20 copay	Not covered	Clinical rules may apply; Copays are
If you need drugs to treat	Preferred Brand	20% coinsurance \$25 min/\$50 max	25% coinsurance \$50 min/\$100 max	Not covered	up to 30 day supply; Up to 90 day supply maintenance drugs available at

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>https://eoc.Anthemblue.com/eocdps/aso</u>.

What You Will Pay					
Common Medical Event	Services You May Need	Catholic Health Provider (You will pay the least)	Anthem Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
your illness or condition More information about prescription drug coverage is available at www.optumrx.co m.	Non- <u>Preferred</u> Brand	40% coinsurance \$40 min/\$80 max	50% coinsurance \$75 min/\$175 max	Not covered	2x the MyCHSRx copay (MyCHSRx) or 2x retail copay (OptumRx Mail Order). For more information contact the MyCHSRx Pharmacy at 516-207-7007 or OptumRx at 1-844-642-9089.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	Cardiology and Orthopedic Services: 50% coinsurance All other: 35% coinsurance	Cardiology and Orthopedic Services: 50% coinsurance All other: 50% coinsurance	Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Physician/surgeon fees	No charge	No charge	50% coinsurance	none
	Emergency room care	\$50/visit	\$200/visit	Covered as In- <u>Network</u>	none
If you need	Emergency medical transportation	No charge	No charge	50% <u>coinsurance</u>	none
immediate medical attention	<u>Urgent care</u>	\$25/visit at CH and NY Excel Urgent Care \$55/visit at CityMD	\$75/visit	50% coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Cardiology and Orthopedic Services: 50% coinsurance All other: 35% coinsurance	Cardiology and Orthopedic Services: 50% coinsurance All other: 50% coinsurance	Failure to obtain preauthorization may result in non-coverage or reduced coverage.

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.Anthemblue.com/eocdps/aso.

	Services You May Need		What You Will Pay		
Common Medical Event		Catholic Health Provider (You will pay the least)	Anthem Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	No charge	No charge	50% <u>coinsurance</u>	none
If you need mental health, behavioral	Outpatient services	No charge	\$35/visit	50% coinsurance	Failure to obtain preauthorization may result in non-coverage or reduced coverage.
health, or substance abuse services	Inpatient services	No charge	No charge	50% coinsurance	Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Office visits	No charge	\$50/visit first visit	50% <u>coinsurance</u>	Cost sharing does not apply for
	Childbirth/delivery professional services	No charge	No charge	50% <u>coinsurance</u>	preventive services. Maternity care may include tests and services
If you are pregnant	Childbirth/delivery facility services	No charge	35% coinsurance	50% coinsurance	described elsewhere in the SBC (i.e. ultrasound). Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Home health care	No charge	\$75/visit	50% <u>coinsurance</u> deductible does not apply	200 days limit/benefit period. Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Rehabilitation services	No charge	\$50/visit	50% coinsurance	*C 'T1
TC 11-1-	Habilitation services	No charge	\$50/visit	50% coinsurance	*See Therapy Services section
If you need help recovering or have other special health needs	Skilled nursing care	No charge	35% coinsurance	50% coinsurance	30 days limit/benefit period. Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Durable medical equipment	No charge	No charge	50% coinsurance	*See <u>Durable Medical Equipment</u> Section.
	Hospice services	No charge	No charge	50% coinsurance	210 days limit/lifetime. Failure to obtain preauthorization may result in non-coverage or reduced coverage.
If your child	Children's eye exam	\$5/exam	\$5/exam	Not covered	*See Vision Services section
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	\$5 copay for 1 exam every 24 months plus discounts on frames and lenses

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.Anthemblue.com/eocdps/aso.

		What You Will Pay			
Common Medical Event	Services You May Need	Catholic Health Provider (You will pay the least)	Anthem Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's dental check-up	Not covered	Not covered	Not covered	*See Dental Services section

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Contraceptive Services
- Cosmetic surgery
- Dental care (adult)
- Elective Termination of Pregnancy

- Hearing aids
- Long- term care
- Other services related to gender affirmation or transition
- Private-duty nursing

- Routine foot care unless you have been diagnosed with diabetes
- Sterilization
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Chiropractic care

- Infertility treatment (except artificial insemination and advanced reproductive technologies such as in-vitro fertilization, ZIFT, GIFT, and ICSI, in accordance with Ethical and Religious Directives of the Catholic Church)
- Most coverage provided outside the United States. See www.bcbsglobalcore.com
- Routine eye care (adult) 1 exam every 24 months

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Heath Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: <u>Grievances</u> and <u>Appeals</u>, NY-Administrative (Grievance) P.O. Box 1407, Church Street Station, New York, NY 10008-1407 OR NY – Clinical (Appeal) Mail Drop R/6-O, P.O. Box 11825 Albany, NY 12211

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.Anthemblue.com/eocdps/aso.



About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,500
Specialist copayment	\$75
Hospital (facility) coinsurance	35%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

In this example, Peg would pay:

Specialist visit (anesthesia)

Cost Sharing			
<u>Deductibles</u>	\$950		
Copayments	\$130		
Coinsurance	\$2,500		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$3,640		

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,500
Specialist copayment	\$75
■ Hospital (facility) <i>coinsurance</i>	35%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

Durable medical equipment (glucose meter)

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In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$100		
<u>Copayments</u>	\$865		
Coinsurance	\$930		
What isn't covered			
Limits or exclusions	\$55		
The total Joe would pay is	\$1,950		

Mia's Simple Fracture (in-network emergency room visit and follow

The plan's overall deductible	\$1,500
Specialist copayment	\$75
Hospital (facility) coinsurance	35%
Other <u>coinsurance</u>	0%

up care)

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

<u>Diagnostic test</u> (x-ray)

\$5,600

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$20
<u>Copayments</u>	\$320
Coinsurance	\$10
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$350

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 496-6132

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Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساحدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 6132-496 (800).
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Armenian (hայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվճար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 496-6132։

Bassa (Băsóò Wùdù): M̀ dyi dyi-diè-dè bĕ bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m̀ ké gbo-kpá-kpá kè bɔ̈ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bé m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 496-6132.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, তাংলে আপলার ভাষায় বিলামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪০০) 496-6132 –তে কল করুল।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန် (800) 496-6132 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 496-6132。

Dinka (Dinka): Na noŋ thiẽc nẽ ke de yã thorë, ke yin noŋ loŋ bẽ yi kuony ku wɛr alëu bẽ gεεr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (800) 496-6132.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 496-6132.

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Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ الاینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (800) 496-6132) تماس بگیرید.
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French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (800) 496-6132.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (800) 496-6132.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (800) 496-6132.

Gujarati (**ગુજરાતી**): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (800) 496-6132.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (800) 496-6132.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (800) 496-6132

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (800) 496-6132.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (800) 496-6132.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (800) 496-6132.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (800) 496-6132.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (800) 496-6132

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(800) 496-6132 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ (800) 496-6132 ។

Kirundi (Kirundi): Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (800) 496-6132.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면 (800) 496-6132 로 문의하십시오.

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